SOPHIE Sport Studies and Physical Education Graduate

Hi everyone, my name's Sophie! I always believed that I wanted to be a secondary PE teacher, and that university was a stepping stone to getting there.

I thought this would be a very straight forward plan. I would do a 3 year degree, get my PGCE and get a job. However, my A-Level results weren't great, and most of the offers I had received from

universities were withdrawn.

This is when I decided to take a chance and go through clearing to see if a more ideal course was available for me, and that is when I found the HND Sports Coaching and PE course.

For the next two years I began to thrive at university on my HND course. Although, when it came to deciding on what degree I wanted to top-up onto, I started to have doubts if teaching was the right career for me at that time.

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This is when I discovered the joys of a joint/major/minor degree. This was exactly what I needed! I wanted to keep learning about PE in case I did decide to follow that career pathway, but also wanted to study modules within the Sport Studies course which related to my passions and interests.

This is why I was the only person in my year to

enrol on a BSc Major Sport Studies and Minor Physical Education.

After practically making my own degree, I continued to thrive and graduated in 2019 with employment being secured before I finished for the summer.

Although I went to university to get a degree as part of a "plan", I came out with so much more than a qualification. Just because I am not necessarily using my degree currently, it is still providing me with opportunities to grow and learn.