

Hi, I'm Sophie!



I'm a recent graduate from the University of Worcester.
I studied both HND Sport, Coaching and PE, and BSc
(Hons) Sport Studies and Physical Education. I graduated
in 2019!

Get to know me!

TIME I WAKE UP

5.30am

USUAL BREAKFAST

Yogurt, oats and honey

MOST PLAYED SONG

Lizzo - Truth Hurts

LAST TV SHOW WATCHED

Grey's Anatomy

FAVOURITE HOBBY

Horse Riding

CURRENT FOOD CRAVING

Jelly belly's - Jelly beans

FAVOURITE HOLIDAY DESTINATION

Cancún