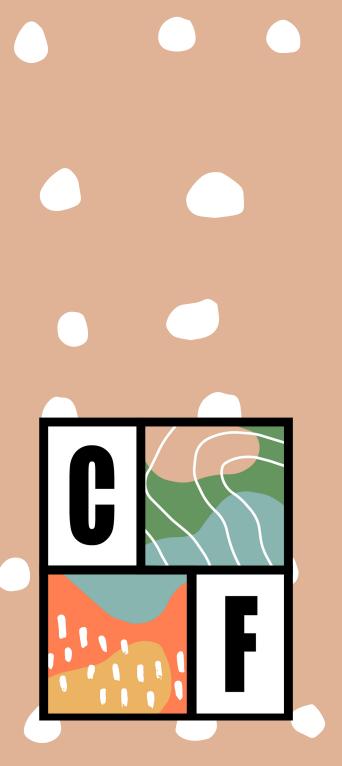


SPORT





Sport Careers Sports Therapist

What is your job role?

Academy Sports Therapist at Stoke City Football Club.

Why did you decide to study Sports Therapy?

I wanted to be involved in elite level sport in some capacity, and liked the idea of helping the athletes along their journey and still being within that "team" environment.

What do you enjoy the most about your job?

I particularly like that every day consists of working in different venues, with different players and coaching staff. I am also very lucky to work within such elite environments with state of the art equipment and facilities.

What is the greatest challenge you face during your career?

The hardest thing is finding those "golden" opportunities to climb the ladder, whether that be within a private practise, NHS or within a club. It is difficult to progress without further qualifications, particularly in full-time, well-paid positions.

What transferable skills do you think are required for this career?

Good organisation and time management skills, as well as good communication skills and being able to work well individually and as part of a wider team.

Sport Careers Teaching Assistant

What is your job role?

Teaching Assistant and PE intern at a private school.

What does the role entail?

A combination of sports coaching and delivering PE lessons to students fron reception age to year 3, as well as supporting children in lessons including reading, writing, maths and phonics. I also support children with extra additional need whilst in their lessons.

What do you enjoy the most about your job?

It can be very rewarding supporting children to develop their skills and learn. I particularly enjoy the sporting aspect of my job role, as I am able to deliver fun and engaging sessions. I also enjoy using leadership skills and knowledge to develop students as individuals and team players.

What is the greatest challenge you face during your career?

To continue to develop myself as a professional, engaging in courses and having the opportunities to progress. It can be challenging to find opportunities with potential employers to achieve success. The greatest challenge within a school setting at the moment is dealing with Covid-19, such as implementing the policies and procedures needed to be safe, but also still being able to deliver exciting and appropriate lessons.

What transferable skills do you think are required for this career?

Being able to work and effectively communicate with others is essential. It is also important to have the confidence to lead a class and take control of challenging situations. Time management is also key to keeping track of my work, such as marking books and planning lessons.